

Annex 1: Local Transformation Plans for Children and Young People’s Mental Health

Developing your local offer to secure improvements in children and young people’s mental health outcomes and release the additional funding: high level summary

Q1. Who is leading the development of this Plan?

(Please identify the lead accountable commissioning body for children and young people’s mental health at local level. We envisage in most cases this will be the CCG working in close collaboration with Local Authorities and other partners. Please list wider partnerships in place, including with the voluntary sector and include the name and contact details of a single senior person best able to field queries about the application.)

NHS Southwark CCG is leading on development of the Southwark Local Transformation Plan for children young people’s mental health and wellbeing in partnership with Southwark Council.

We are committed to working with a range of local partners and stakeholders to ensure that the plan is developed and implemented successfully (see Table 1).

The lead contact for the purposes of the Southwark Local Transformation Plan is: Carol-Ann Murray, Senior Mental Health Commissioner – **Error! Hyperlink reference not valid.** or 020 7525 1316

Q2. What are you trying to do?

(Please outline your main objectives, and the principal changes you are planning to make to secure and sustain improvements in children and young people’s mental health outcomes. What will the local offer look like for children and young people in your community and for your staff?). Please tell us in no more than 300 words

NHS Southwark Clinical Commissioning Group in partnership with Southwark Council are in the process of developing Joint Children and Young Peoples’ Health and Care Strategic Framework which embeds the emotional wellbeing and mental health of children and young people that sets out the way in which comprehensive and integrated Child and Adolescent Mental Health Services (CAMHS) will be commissioned to improve outcomes.

Services will be commissioned by schools, colleges, academies, Southwark Council and NHS Southwark Clinical Commissioning Group. The intention is to adopt a whole systems approach, with the aim of making children and young people’s mental health and emotional wellbeing the concern of everyone.

Our vision is that all Southwark children and young people and families to lead healthy lives and are empowered and supported to develop to their full potential and have the skills and opportunities to play an active part in society through integrated provision of services.

The local transformation plan will support current children and young people's services to:

- Promote emotional and mental health and increase resilience in all children and young people
- Ensure earlier identification of children and young people exhibiting emotional difficulties so they can access appropriate early intervention services
- Target services to meet priority needs of children and young people especially those most vulnerable
- Developing the workforce to ensure an appropriate range of skills and competencies to identify and support the needs of children and young people
- Ensure that services will deliver support that is easy to access, readily available and evidence based where appropriate
- Ensure the children's workforce has a clear understanding of their roles and responsibilities and those of others, and will have an appropriate range of skills and competencies

The local priority options in development focus on areas that would benefit from being enhanced or where gaps in services have been identified within the needs assessment.

Q3. Where have you got to?

(Please summarise the main concrete steps or achievements you have already made towards developing your local offer in line with the national ambition set out in *Future in Mind* e.g. progress made since publication in March 2015.) Please tell us in no more than 300 words

The Southwark Transformation Plan will be fully aligned with the national ambition set out in 'Future in Mind' (2015), we are committed to working in partnership to improve outcomes for children & young people in Southwark. We continue to work with stakeholders to further develop the transformation plan which incorporates the following key principles:

- Promoting resilience, prevention and early intervention
- Improving access to effective support – a system without tiers

- Care for the most vulnerable
- Accountability and transparency
- Developing the workforce
- The mental health needs of children and young people has been reviewed by Public Health in 2013 and refreshed in 2015

Priority work undertaken in 2015 include:

- Reviewing current CAMH services to identify gaps in the system for development
- Stakeholder engagement with current CAMH services
- Agreed a clear and robust governance structure
- Refreshed CAMHS needs assessment
- Enhance our adult IAPT service to include 16 plus age group
- Discussed with commissioner colleagues in the South East London Sector opportunities to commission services together.
- Developed plans to engage further with children and young people, families, parents/carers and engaged with local stakeholders

Q4. Where do you think you could get to by April 2016?

(Please describe the changes, realistically, that could be achieved by then.) Please tell us in no more than 300 words

By April 2016 we will have:

- Established a Southwark Joint Maternity, Children and Young People Wellbeing Board and Working Group
- Established waiting times, treatment and outcomes baselines across all CAMHs care groups
- We will have reduced waiting time for access to CAMHs Early Intervention and explored innovative ways of delivering early intervention CAMHs support
- We will have additional ADHD specific capacity in place
- We will have increased capacity in and awareness of the Eating Disorder service, resulting in an anticipated uplift in self-referral. There will be a telephone based consultancy and support service for (self) referrers, which will be staffed by senior Eating Disorder
- As part of our Crisis Care commitment we will have recruited additional practitioners to provide additional duty capacity within our crisis line telephone advice and guidance as well as initiating a hospital "in reach" service for children and young people admitted to acute settings overnight
- Workforce training needs analysis will have commenced
- Enhance Early Help CAMHS offer in Southwark Locality teams will be implemented, including clinical practitioners in social care teams and support for schools to build capacity
- Trauma Focused work across child and family and adolescent service
- Establishment of Child Sexual Assault (CSA) hubs for SE Sector

- k) Home Treatment Early Intervention Team - Intensive community support
- l) Development of perinatal service in primary care - training and support for primary care staff
- m) Additional YOS capacity within Adolescent team
- n) The Joint Children and Young People's Strategy and Joint Mental Health Strategy will be completed

Q5. What do you want from a structured programme of transformation support? Please tell us in no more than 300 words

We would benefit from having access to accurate and timely data on:

- a) In-patient admissions, and length of stay for all in-patient admissions
- b) Receiving notification on all in patient discharges for Southwark patients
- c) National benchmarking on CAMHs, treatment interventions and outcomes
- d) System wide guidance and leadership on cross sector information sharing systems
- e) Enhanced Transforming Care data

A centrally mandated and quality assured menu of evidence based interventions (including NICE) and treatments that are supported for delivery across different needs and care groups.

Additionally, regular protected CAMHs Commissioner learning time across regions facilitated by regional health commissioning teams which will support cross sector projects and joint working.

Access to more shared learning around good practice in respect of children and young people's services.

Plans and trackers should be submitted to your local DCOs with a copy to England.mentalhealthperformance@nhs.net within the agreed timescales

The quarterly updates should be submitted in Q3 and Q4. Deadline dates will be confirmed shortly and are likely to be shortly after quarter end. These dates will, where possible, be aligned with other submission deadlines (eg, for the system resilience trackers, or CCG assurance process). DCOs will be asked to submit the trackers to england.camhs-data@nhs.net for analysis and to compile a master list

Table 1: Stakeholders

| Organisation | Job Title | Name | Role in plan |
|---------------|-----------------------------------|------------------|------------------|
| Southwark CCG | Senior Mental Health Commissioner | Carol-Ann Murray | Lead author |
| Southwark CCG | Director of Quality & Safety | Gwen Kennedy | CCG Lead |
| Southwark CCG | Head of Mental Health | Rabia Alexander | Strategic Mental |

| | | | |
|---|---|---|---|
| | | | Health Lead |
| Southwark CCG | Head Primary, Community and Children's Commissioning | Jean Young | Strategic Children's Lead |
| Southwark CCG | GP Clinical Lead for Mental Health | Nancy Kuchemann | |
| Southwark CCG | GP Clinical Lead for C&YP | Robert Davidson | |
| Southwark Council Public Health | Public Health Consultant | Vicki Spencer-Hughes | Needs assessment |
| Southwark Council | Director of Commissioning Adults and Children | Dick Frak | Strategic Lead Local Authority |
| Southwark Council Public Health | Mental health and wellbeing | Lucy Smith | |
| Southwark Council | Head of YOS | Jenny Brennan | |
| Southwark Council | Head of Early Help | Brendan Ring | |
| Southwark Council | C&YP commissioner for substance misuse | Dionne Cameron | |
| Southwark Council | Director of Children's Social Care –inc children looked after | Rory Patterson | |
| Southwark Council | Principal Strategy Officer/s | Elaine Gunn and Rachel Flagg | |
| Southwark Council | Director of Education PSHE and Healthy Schools | Merril Hausler Lee Souter | |
| Southwark council | Head of Troubled Families | Brendan Ring | |
| NHS England Specialist MH Commissioning | Case Manager | Maureen Banda | Collaborate on plans Sign-off when assured |
| South London and Maudsley NHS Foundation Trust (SLaM) | Clinical Director Service Director Clinical Lead Service Manager | Dr. Bruce Clark Jo Fletcher Dr. Partha Banerjea Tracey Lewis | Clinical Pathway Development |
| Service user groups | Youth Advisor | TBA | Engagement and development of plan |
| Parents groups | | TBA | Engagement and development of plan |
| Voluntary sector | Community Action Southwark (CAS) | TBA | |
| Schools | Head Teachers Forum | TBA | Contribution to the plan |
| Southwark Healthwatch | Healthwatch | Aati Gandesha Catherine Negus | Engagement and development of plan |